

## Painswick CC, Painswick

### WEDNESDAY

**Parent Volunteer Led Family Time**  
10.30am - 12noon Term time only



If you are interested in these, or any other events and activities, please contact the Children's Centres directly.

**Five Ways** - 01453 765983

**Parliament & Painswick** - 01453 755373

**Stonehouse Park** - 01453 821361

*Our timetable is subject to change, please ensure your group is running by calling your local centre.*

## In the Community

### MONDAY

**Toastie Toddlers** 9.00am - 11.15am

Salvation Army Hall, Stroud

**Baby Bounce and Rhyme** 10.30am - 11.00am

Stroud Library - Term time only

### TUESDAY

**Tiddlywinks** 10.00am - 2.30pm

St Lawrence Church Hall, Stroud

**Triple P** Starting 4<sup>th</sup> Oct at St Matthew's School - 6.00pm - 8.00pm. Please call Angela - Tel 01453 821361

### WEDNESDAY

**Well Baby Clinic** 9.00am - 10.30am

Beeches Green Surgery

**What's up Clinic** 10.30am - 12.30pm Beeches Green Surgery **Appointments ONLY** (Please call your Health Visitor to book - 0300 4218967)

**Baby Bounce and Rhyme** 10.30am - 11.00am

Stonehouse Library - Term time only

**Sing and Sign Group** 1.45pm - 4.45pm

The Hub, Severn View Academy

### THURSDAY

**Well Baby Clinic** 1.30pm - 3.30pm

Frithwood Surgery, Bussage

### FRIDAY

**Young Parents Group** 1.00pm - 2.30pm

The Door Youth Project, Stroud

**Toddler Group** 9.15am - 11.15am

St Mathews Church Hall, Cainscross - Term time only

**Goldfish Toddler Group** 10.00am - 11.30am

Stonehouse Baptist Church



Hill Valley & Vale  
Children's Centres



## Hill Valley and Vale Children's Centres Autumn Term 2016 Timetable



You can find us on Facebook under:

[Hill Valley and Vale North](#)

## Parliament CC, Stroud

### TUESDAY

**Childminders** 9.00am - 11.15am

**Baby Yoga** 11.30am - 1.00pm

**Group Pregnancy Care** 9.00am - 12.30pm  
(Invite only)

**Ante Natal Group** 3.00pm - 5.00pm (Invite only)  
20<sup>th</sup> Sept, 18<sup>th</sup> Oct & 15<sup>th</sup> Nov

### WEDNESDAY

**Sling Group** - 1<sup>st</sup> Wednesday of the month  
10.00am - 12noon

**Twins Time** - 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month  
10.00am - 12noon

**Healthy Living Adds Up** starting 21<sup>st</sup> September  
12.30pm - 2.30pm Crèche available\*

### THURSDAY

**MOBS** 10.00am - 12noon

### FRIDAY

**Allsorts** 9.30am - 12noon

*See Allsorts Timetable (Sessions vary)*

**Baby Self Weigh Station** available at Parliament Children's Centre from 9.00am - 4.00pm, Monday to Friday, no appointment necessary.



## Stonehouse Park CC, Stonehouse

### MONDAY

**Young Parents Group** 1.00pm - 2.30pm  
For parents 25 and under

### TUESDAY

**Parent Volunteer Led Baby Time**

1.15pm - 2.45pm Term time only

**Health Visitor Clinic** 1.15pm - 2.45pm

### WEDNESDAY

**Life Skills** 9.00am - 11.00am (Invite only)

### THURSDAY

**Nurture Group** 9.00am - 11.00am (Invite only)

**Parent Volunteer Led Family Time**

1.15pm - 2.45pm Term time only

### SUNDAY

**Allsorts Early Years Group** 10.00am - 12noon

*See Allsorts timetable (Sessions vary)*

### Coming soon...

#### "Learn with your Child"

Please contact Angela or Gemma  
01453 821361 for further details

#### Freedom Programme

Starting 13<sup>th</sup> September in Dursley  
10.15am - 12.15pm

Please call Kelly 01453 755373/07775  
412453 for further details

## Five Ways CC, Cashes Green

### MONDAY

**Parent Volunteer Led Family Time**  
9.30am - 11.00am

### TUESDAY

**HENRY** starting 13<sup>th</sup> September  
9.30am - 11.30am Crèche available\*

**Young Parents Group** 1.00pm - 2.30pm  
For parents 25 and under

### WEDNESDAY

**Nurture Group** 9.00am - 11.00am (Invite only)

**Parent Volunteer Led Family Time**

1.30pm - 3.00pm

### THURSDAY

**Parent Volunteer Led Baby Time**

1.00pm - 2.30pm Term time only

**Baby Clinic** 1.00pm - 2.30pm

**Early Start Group** 9.30am - 11.00am

NOT on 1<sup>st</sup> Thursday of the month (Invite only)

Where a group is marked '**invite only**' the spaces are limited and are therefore offered to those who would benefit the most from attending.

Please note - Parent Led sessions may change during school holidays

\*There is a charge for all Crèche spaces, please ask when booking.