



"Refer Today, So You Don't
Have To Worry Tomorrow"

Do you look after someone? Then...who looks after you?

Do you look after someone who matters to you and needs your help? **Then we are here to look after you.**

Our friendly, local, trained advisors can provide information and advice on a wide range of subjects, offer support to suit your needs, or just be there to listen.

Get in touch:

- ☎ 0300 111 9000
- @ carers@peopleplus.co.uk
- 🌐 www.gloucestershirecarershub.co.uk
- f twitter.com/@GCarersHub
- 📘 facebook.com/@Gloucestershirecarershub





Every day

another 6000 people take on
a caring responsibility.

That equals over 2 million people each year.

Gloucestershire Carers Hub is commissioned by Gloucestershire County Council and NHS Gloucestershire Clinical Commissioning Group. We opened our service in April 2019 and have been supporting Carers ever since.

Some of the ways we can help include:

- Information, Advice and Guidance (IAG), from our trained, local triage team
- Professional counselling service
- Signposting to other services
- Benefits and finance advice
- Befriending and mentoring
- Employment Support
- Full assessments, support planning and reviews
- Carers Emergency Scheme
- Carer Breaks
- Access to groups
- Volunteering
- Training

If you would like to talk to one of our trained advisors, you can get in touch by phone, email or by visiting our website.

